

Ehsaas Education stipend programme disburses Rs19,380m till June 2021

LAHORE: Ehsaas Education Stipend program has disbursed a total amount of Rs. 19,380.41 million on the education of 4,150,411 children till June 2021, since inception.

According to the official source, a total of Rs. 7,020.41 million has been disbursed to enroll and retain 1,679,364 children in schools in Punjab, Rs. 6,677.19 million to accommodate 1,273,195 children in Sindh, Rs. 4,280.89 million to enroll 905,478 children in Khyber Pakhtunkhwa and Rs. 465.66 million to enroll 90,395 children in Azad Jammu and Kashmir. A total of Rs. 426.99 million has been disbursed to enroll 101,219 children in Balochistan, Rs.97.24 million to enroll 36,506 children in FATA and Rs. 3.39 million to accommodate 1,658 children in Islamabad.

Ehsaas Taleemi Wazaif, a Conditional Cash Transfer program is currently functional in all over the country to enroll and retain out of school children of BISP beneficiary families in Primary, Secondary and Higher Secondary Schools with the additional cash incentive. —APP

Thirty six kanal sports ground retrieved from encroachers in Tehsil Mails

By Our Staff Reporter

LAHORE: Thirty six kanal sports ground got vacated from encroachers in tehsil Mails while 29 acres State land having worth of more than 210 millions retrieved from illegal land grabbers in different districts of Punjab.

This was told by Senior Member Board of Revenue Punjab Babar Hayat Tarar. Meanwhile the vacated sports ground land in Mails has been given under supardari of Tehsil Sports Officer while Halqa Patwari has been directed to submit missal tawaan against the encroachers.

SMBR Babar Hayat Tarar giving details of the crackdown on land mafias in Punjab, told that in tehsil Liaquatpur district Rahim Yar Khan, 3 Acres 1Kanal 12 Marla state land amounting to 8.0 Million has been retrieved in the area of Mauza Allah Jiwaya Lar. Similarly in tehsil Khanpur district Rahim Yar Khan 18Acres 2Kanal 19Marla state land amounting to 69.61 Million rupees was also retrieved in the area of Mouza Kotla Miran and Sewa Ram.

SMBR further told that State land in Chak number 32/WB Tehsil & District Vehari, 8 acre 2 Kanal 12 Marlas agricultural state land worth 133.2 million rupees has been retrieved with the help of district administration.

SMBR Babar Hayat Tarar has pledged that all state land in Punjab from illegal land grab-



ISLAMABAD: Children enjoy swings at F-9 park during Wecamp Festival 2021. —Online

PTI govt awarding rights of vote to expatriates: Punjab CM

By Our Staff Reporter

LAHORE: A delegation led by Vice-Chairman Overseas Pakistanis Commission Punjab Makhdoom Tariq Mahmood-ul-Hassan called on Chief Minister Punjab Sardar Usman Buzdar at CM's Office.

The Chief Minister said that the PTI government by awarding the rights of vote to expatriates, has acknowledged their long-standing demand.

He said that previous governments ignored this issue and befooled Pakistanis living abroad with hollow slogans. He further stated that opposition parties, by opposing the right of vote to overseas Pakistanis, have shown their double standards. First time in the history of the country PTI government, under the leadership of PM Imran Khan, has taken practical measures to resolve the problems of overseas Pakistanis besides giving back their right to vote. He termed overseas Pakistanis as ambassadors of Pakistan and said that their role in strengthening the national

economy cannot be overlooked.

A comprehensive policy has been formulated to resolve the problems of overseas Pakistanis, said Usman Buzdar and Overseas Pakistanis Commission Punjab has been made a vibrant organization.

The members of the delegation, while talking to the Chief Minister, said that overseas Pakistanis considered the PTI government as their own. They thanked him for taking personal interest and concrete measures for redressing the problems of overseas Pakistanis.

The delegation of included Syed Qamar Raza, Rana Abdul Sattar, Imran Khalil, Umar Ishaq and Imtiaz Ahmed.

Greets newly elected President of Punjab Union of Journalist

Punjab Chief Minister Sardar Usman Buzdar has congratulated the newly elected President of Punjab Union of Journalist Shahzad Hussain Butt, General Secretary Shahid Ch. and other officer bearers and expressed well wishes for them.

The Chief Minister expressed hope that the newly elected leadership of PUJ will

continue to play its role for resolving the problems of the journalists' fraternity and will come up to their expectations as well. Usman Buzdar said that PUJ has always raised its voice for the rights of journalists.

Condemns terrorist attack on check post of Datta Khail North Waziristan

Punjab Chief Minister Sardar Usman Buzdar has strongly condemned the terrorist attack on the check post of Datta Khail North Waziristan.

The Chief Minister paid homage to the great sacrifice of two security personals who embraced shahadat in the attack adding that we salute the sacrifices of brave sons of the soil.

Usman Buzdar extended heartfelt sympathies and condolence with the bereaved family members of martyrs and said that Shaheed Lanc Naik Arif and Naik Rahman got the higher rank of martyrdom. He said that nation will never forget the sacrifices of martyrs and warned that a handful of assailants cannot shaken the sheer determination of the nation.

Public facilitation top priority of govt: Dr Akhtar

LAHORE: Punjab Minister for Energy Dr Akhtar Malik on Sunday said that provision of clean drinking water and other basic facilities to masses was top priority of the incumbent government.

Addressing the inaugural ceremony of new sewerage line project at Chah Teeswala and Abdulwala at Vehari road here, the minister said the Pakistan Tehreek-e-Insaf (PTI) would fulfill all its pledges. He said the government was committed to provide relief to masses and added different development projects have already been started for this purpose.

He said the sewerage was one of the major issues of the area where the project has been inaugurated. He said the project would be completed with funds of Rs 55 million.

Dr Akhtar said Punjab Chief Minister Sardar Usman Buzdar paying special focus to development of Multan and added that different other mega projects were continued in the area to facilitate masses.

Speaking on the occasion, Water and Sanitation Agency (WASA) Managing Director Nasir Iqbal said the project would be completed within the given time.

He said the officers concerned have been directed to complete the project by keeping in view the safety of the new sewerage line.

He said the arrangements have been finalized to avoid transportation issues during the project. —APP

Admin retrieves over four kanals land worth Rs 80 mln

RAWALPINDI: Rawalpindi District administration under an operation launched against the encroachers has retrieved four kanals state land from the occupation of the encroachers.

According to a district administration spokesman, the administration on the directives of Deputy Commissioner Rawalpindi Muhammad Ali conducted an operation on HMC Road in Taxila under the supervision of Assistant Commissioner and the Revenue officers concerned.

He informed that four kanals state land worth Rs 80 million was retrieved.

'Operation against the illegal constructions was carried out on HMC Road, Taxila and the land was retrieved from the occupation of the encroachers,' he added.

The district administration as per orders of the Punjab Chief Minister had issued strict instructions to all the departments concerned to map out illegal encroachments and take strict action against them, he said.

The DC Rawalpindi had directed the ACs of all tehsils of the district to expedite the operation against illegal constructions from their respective areas on the directives of the Punjab government. —APP



SARGODHA: Lt General Muhammad Irfan addresses a seminar held under the auspices of Career Development Centre at University of Sargodha.

MD WASA urges citizens not to throw solid waste in sewerage lines

RAWALPINDI: The citizens have been requested not to throw solid waste and garbage in the sewerage lines so that the complaints of the choked drains and overflowing gutters could be controlled.

According to Managing Director, Water and Sanitation Agency (WASA), Rawalpindi Raja Shaukat Mahmood, the agency had started the work of cleaning the sewerage lines in the narrow and densely populated areas. The workers of the agency were cleaning the manholes in Ittehad Colony and the agency had completed all the arrangements to ensure safety of the workers. "We have completed all the safety arrangements for the workers," he added.

The main objective of this project was to provide relief to the residents particularly in congested areas by cleaning the sewerage lines, he said adding, the sewage lines of other areas would also be cleared.

He said, WASA was committed to provide better services to its consumers for which solid steps were being taken. WASA had divided the Rawalpindi city into three main zones East, West & PP-6, he said adding, in each zone there were several complaint centers which deal their relevant complaints. —APP

No one allowed to harm any group of minorities: Ashrafi

By Our Staff Reporter

LAHORE: Special Representative to the Prime Minister on Interfaith Harmony and Middle East Hafiz Tahir Mahmood Ashrafi on Sunday said that Islam is a religion of peace and Muslims believe in respecting humanity.

He warned that no one will be allowed to harm any minority group in the name of religion in Pakistan.

Addressing a press conference at the Punjab Institute of Quran and Seerat Studies here, he said that the Interfaith Harmony Council and Muttahida Ulema Board (MUB) held a meeting at the centre on Sunday in which all members expressed their satisfaction over the religious freedom in Pakistan.

Tahir Mahmood Ashrafi said that whenever minority communities faced some issue, the MUB always tried to solve it in consultation with all stakeholders, adding that around 127 cases of alleged forcible marriages and conversion of religion, etc., were presented before the MUB in 2020 and all of those were resolved amicably.

He said that Islam strictly prohibits forced

marriages and forced conversions, adding no Muslim could think of going against the teachings of Islam. He said there was no concept of forced marriages or conversion in our religion.

Ashrafi said that a 16-member committee including Sikh, Hindu and Christian members had been formed under his supervision to settle the interfaith violence issues and he will also meet leaders of all religions to settle their issues related to majority community across Pakistan". He said that on December 4, the first official meeting of the committee would be held in Lahore.

He said that at the MUB platform, 113 cases of minority communities were resolve during the last years. He said that it was found during the consultations that domestic violence in most cases had forced people to take such steps [conversion and marriages]. There were various other reasons also, but religion had nothing to do with those incidents, he added.

It was the responsibility of the majority community, Muslims, to take care of the rights of minorities and 努e are committed to ensuring protection of the

rights of minorities in the country", Ashrafi said.

The PM's representative said that the leadership of all religious schools of thought in Pakistan was united that the rights of minorities would be protected at all levels.

Ashrafi said that more than 200 children had been murdered in India and more than 150 mosques demolished there, but the US designated Pakistan as a country of particular concern (CPC). It was totally unjustified, he added. He said it seems that the US report was based on mere assumptions, adding that ulema had rejected the US biased assessment.

He said the young generation must come to the forefront to play their role in eradicating extremism, terrorism, dowry rituals and for spreading the moderate message of Islam. He said conspiracies were being hatched to spread anarchy in Pakistan through fanning sectarian violence and sowing seeds of hatred against Pakistan's security institutions. To a question, he said "we are thankful the government and people of Saudi Arabia for extending help to Pakistan in the shape of State Bank of Pakistan deposits and provision of oil on deferred payments".

Diabetes and its affect

Mudassar Qadeer

I have been associated with Khawaja Anwar Saeed since my childhood and when I arrived at Pak Tea House in the 90's, I first came across his table where I met a kind person like Muhammad Siddique Malik whom Munir Niazi often visited.

Siddique used to remember the title of Pahlawan. In his company I met Nudrat Altaf, Raja Kaleem Akhtar, Younis Adib, Saleem Shahid and Sai Akhtar Lahore.

In the gathering of Khawaja Anwar Saeed and Mohammad Siddique Malik, I came to know the truth of many things, such as the words of Prime Minister Imran Khan's father Inamullah Niazi which only Malik Siddique could understand and how former Prime Minister Nawaz Sharif I used to play cricket on behalf of A. I got to hear the stories of great Kabaddi players like Abdul Rehman Hercules, Brigadier Rodam and Siraj Wrestler Manila Champion.

In this meeting I met Chaudhry Saeed Akhtar Retired and went straight to Pak Tea House and became a part of those seats. He was 70 years old at the time of the reunion but was well-dressed and preferred to walk.

Khawaja Anwar Saeed and Chaudhry Saeed Akhtar did not have much in common marriage and suffered from diabetes. Khawaja Anwar Saeed was fond of food. Khawaja Anwar Saeed was suffering from high sugar level while Chaudhry Saeed Akhtar was suffering from low blood sugar level.

If poets were considered less than them, then Khawaja Anwar Saeed would recite poems on the art of

Mirza Adib and Saleem Shahid. He died during the emergency treatment at the hospital. Due to diabetes, my aunt first succumbed to eye disease and later died of other ailments. Similarly, my elderly actor Ghayyur Akhtar suffered from blindness due to diabetes.

Later, my father suffered from paralysis and kidney problems Hamid Gaba and my elder cousin Chaudhry Safdar Raza also suffer from high diabetes but did not suffer any further complications due to the use of drugs. They keep themselves busy with physical and mental activities so they do not have to face any further complications due to diabetes while my mother-in-law suffers from more complications due to diabetes and sometimes even goes to the hospital, Uncle Shahnawaz Butt.

In Gawalmandi, there was the voice of Pakistan Peoples Party. It was surrounded by the workers of PML-N. After suffering from depression and gastrointestinal diseases, he said goodbye to politics, but he is still addicted to the Pakistan Peoples Party. Explain the cause of my insecure economic situation to the current drug use and lifestyle changes As a result, she did not suffer further complications.

There was a long discussion with Dr. Khalid Mahmood Khan, Professor of Medicine, Allama Iqbal Medical College and Head of Department, Medical Unit 2, Jinnah Hospital, Lahore, about what diabetes is and what diseases can be caused by it.

Diabetes is called Umm Al-Ma'raaz. The medical problems caused by it can affect any part of the body. If we talk about the brain, it can lead to paralysis, cataracts in the eyes,

impaired vision, heart. "Seizures, kidney function dysfunction, constipation, diarrhea, indigestion and cold feet can cause hearing loss, while urinary tract infections and pneumonia can also be caused by sugar fluctuations," he said. Symptoms of diabetes include thirst, increased appetite and frequent urination. The disease affects more than 7 million men and women, but the number of women is higher, according to a report of 9.7% of women. There are more women who are suffering from the disease and there are more women who are younger. In a nutshell, a balanced diet plays a key role in avoiding carbohydrate-rich foods, while using fiber-rich or high-fiber foods can help prevent disease complications. Speaking on the occasion, Dr. Khalid Mahmood Khan said that walking for half an hour daily controls the activity of blood sugar while proper use of walnut, almond, barley flour, butter and olive oil also helps it. Each person's immune system is different, so it is not necessary for the same pill to have the same effect on another patient, so following your doctor's instructions is your first responsibility. It is necessary.

From the words of Prof. Dr. Khalid Mahmood Khan, it is not difficult to guess that if diabetes takes a complex situation, then due to lack of immunity and physical weakness, the human body becomes a victim of various diseases and life becomes difficult. Yes, but the dream of a healthy lifestyle can be embarrassing if the timely use of medicines and insulin prescribed by reputable doctors is avoided.

The writer is a free lance contributor

IGP orders to intensify operations against activities causing smog

By Our Staff Reporter

LAHORE : Inspector General of Police Punjab Rao Sardar Ali Khan has said that co-operation of police, district administration, environment, health and other concerned departments is essential to impede anti-environmental activities causing smog.

He directed police teams to continue anti-smog operations and take stern actions against vehicles emitting massive smoke on highways, stubble burning and also factories and kilns owners for causing air pollution.

As per directions of IG Punjab, crackdown on anti-smog has been intensified across the province.

Spokesperson for Punjab Police, while presenting a report on all smog-related activities i.e smoke emitting vehicles, stubble and tyres burning told that , since January 1st this year, overall 2620 anti-smog cases were registered and 2794 accused were arrested.

During the last seven days, 135 cases have been registered and 116 accused have been arrested across Punjab . In Multan region , 40 cases were registered and 40 persons were

arrested for burning of stubble (crops residue) tyres and lubricants.

In Gujranwala region, 03 cases were registered against burning of stubble, tires and lubricants and 02 persons were arrested.

In Faisalabad region , 56 cases were registered for spreading smog and 54 persons were arrested.

Similarly , 03 cases were registered for spreading smog and 03 persons were arrested in Sargodha region. In Sheikhupura region, 01 case was registered . 07 cases were registered for spreading smog in DG Khan region.